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Initiative to Improve the Quality of Care for People with Diabetes/Chronic Diseases and Care of Cancer Patients for Nurses in Iwate Prefecture

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Applicable principle

Principle 9: A commitment to promoting sustainability through education

1. Initiative to Improve the Quality of Care for People with Diabetes/Chronic Diseases

(Members: Kyoko Utsumi, Yuka Fujisawa, Nobuyo Oikawa)

(1) Training sessions for the care of people with diabetes

In order to provide new knowledge and information related to the care of people with diabetes, and to build a network of nurses and healthcare professionals involved in diabetes care within the prefecture, a number of training sessions have been held. These include the Iwate Prefecture Diabetes Care Training Sessions which began in 2006, the Tohoku Diabetes Staff Education Seminars which began in 2007, and the Iwate Prefecture Diabetes Care Coastal Area Training Sessions which have been running since 2008. The sessions are held for nurses and healthcare professionals involved in the care of people with diabetes. In particular, in the Tohoku Diabetes Staff Education Seminars, there are training sessions that help carers learn about patients' experiences and how they can be emotionally supportive of patients. These training sessions are useful for the continued renewal of qualifications for the Certified Diabetes Educators in Japan.

(2) Training sessions for the care of people with chronic diseases

Tohoku Chronic Disease Care Study Group sessions are held as follow-up training sessions mostly for nurses who have completed the chronic disease clinical nurse specialist (CNS) course in graduate school. These sessions include case studies and nursing studies provided by chronic disease CNSs for general nurses.

The training sessions for FY2022 to improve the care for people with diabetes/chronic diseases were held as follows:

Date and time schedule	Program	Number of participants
June 11 13:30 - 16:30	1st Tohoku Chronic Disease Care Study Group "Case studies from the perspective of phenomenological human understanding and nursing" Advisor: Professor Nobuhiro Otokita (Faculty of Humanities and Social Sciences, Iwate University)	13
June 19 9:30 - 12:30	2nd Tohoku Chronic Disease Care Study Group Exchange meeting with chronic disease CNSs Lecturer: Dr. Mariko Sato (Okayama Saiseikai Outpatient Center Hospital)	8
July 16 13:30 - 16:45	2022 Diabetes Care Training Sessions in July. Theme: "Diet therapy for people with diabetes to make you a respected and capable nurse" Lecturer: Ms. Kyoko Kimura (Associate Professor, Faculty of Nutritional Sciences at Morioka University)	24

July 23 13:30 - 16:00	3rd Tohoku Chronic Disease Care Study Group "Case studies from the perspective of phenomenological human understanding and nursing" Advisor: Professor Nobuhiro Otokita (Faculty of Humanities and Social Sciences, Iwate University)	12
August 27 and 28	4th Tohoku Chronic Disease Care Study Group NKJ method beginner training Lecturer: Mr. Haruo Yamaura (Information Workshop, Specially Appointed Professor of Chiba University)	17
November 12 14:00 - 17:30	5th Tohoku Chronic Disease Nursing Study Group/2022 Iwate Prefecture Diabetes Care Training Session, November regular meeting Theme: "Let's think together with chronic disease clinical nurse specialists - Care for elderly people with diabetes who have a history of treatment discontinuation" Lecturer: Ms. Mika Chiba (head nurse of Iwate Prefectural Karumai Hospital, chronic diseases CNS)	8
November 13 13:30 - 16:00	3rd Tohoku Chronic Disease Care Study Group "Case studies from the perspective of phenomenological human understanding and nursing" Advisor: Professor Nobuhiro Otokita (Faculty of Humanities and Social Sciences, Iwate University)	10
February 5 12:45 - 16:40	Iwate Prefecture Diabetes Care Training Sessions February regular meeting/ 13th Iwate Prefecture Diabetes Care Coastal Area Training Sessions/ 16th Tohoku Diabetes Staff Education Seminars Lecture 1 "Low Vision Care for People with Diabetic Retinopathy" Lecturer: Ms. Naoko Abe (Eye Support Sendai) Lecture 2 "Care for Patients with Diabetic Retinopathy" Lecturer: Ms. Asami Kobayashi (head nurse of Tokyo Rosai Hospital, certified diabetes care specialist)	19

2. Initiative to Improve the Quality of Care for Cancer Patients

(1) Cancer care consultation station

(Members: Mai Hosokawa, Mariko Takayashiki, Nobuyo Oikawa)

In order to improve cancer medicine and cancer care in Iwate Prefecture, from 2020, cancer clinical nurse specialists working at our university have operated a cancer care consultation station for healthcare professionals in the Kita-Iwate and Sanriku regions and provide remote consultation services twice a month (3rd Wednesday and 2nd Thursday of each month, 17:00 - 18:00). In 2022, a total of 35 people used the consultation station. On-site consultation services were also provided, and in response to requests from healthcare professionals, in addition to regular consultation services, professionals from the region participated in Zoom conferences and planned training sessions. The local cancer care consultation station operations in 2022 are listed below.

Date	Content	Venues	Number of participants
June 18	Cancer care consultations	Rikuzentakata City	4
July 23	Lecture: Cancer and Female Sexuality Lecturer Wakako Yachi (Faculty of Nursing, Iwate Prefectural University) Let's Try Zoom Lecturer Mai Hosokawa	Hachimantai	1
August 27	Cancer care consultations	Sumita Town	2
September 4	Lecture: Basic Skin Care Seminar Lecturer Akiko Mori (Morioka Red Cross Hospital) Let's Try Zoom Lecturers Yoshihito Endo, Mai Hosokawa, Nobuyo Oikawa	Ninohe City	5
October 8	Cancer care consultations	Rikuzentakata City	93
November 20	Lecture: Basic Skin Care Seminar Lecturer Akiko Mori (Morioka Red Cross Hospital) Let's Try Zoom Lecturers Yoshihito Endo, Mai Hosokawa, Nobuyo Oikawa	Miyako City	5

Cancer care consultations advertisement

(2) Iwate society of considering cancers

(Member: Mariko Takayashiki)

In collaboration with certified nurse specialists and certified nurses in the prefecture, the "Iwate Society of Considering Cancers" was established in 2021, and the Society continuously provides healthcare professionals with training sessions related to palliative care, cancer nursing, clinical ethics, among other things, both online or in-person. In 2022, three training sessions were held and there were 143 participants.

Date	Themes and lecturers	Number of participants
September 18	"The Current Status and Challenges of Activities of Certified, Specialist, and Clinical Nurses with Highly Advanced Expertise" Lecturers: Chisato Ishikawa, Sendai City Medical Center Sendai Open Hospital Yoshitaka Muramoto (Kokokara Co., Ltd.), Miho Takahashi (Home Care Clinic EN) Hideko Sugawara (Morioka Tsunagi Onsen Hospital), Mariko Takayashiki (Faculty of Nursing, Iwate Prefectural University) Masako Nagasawa (Iwate Medical University Hospital Advanced Nursing Training Center)	42
October 30	"NBM: Narrative-based Medicine - Thinking about high-quality medicine and care based on patient's stories and dialogue -" Lecturer: Yasuko Ishigaki (Honorary Professor, Hokkaido Medical University)	77
February 23	"Thinking about how best to guide nursing care research to motivate nurses" Lecturer: Kyoko Utsumi (Iwate Prefectural University)	23

(3) ELNEC-J (web) training program

(Members: Mai Hosokawa, Nobuyo Oikawa)

ELNEC-J (End-of-Life Nursing Education Consortium Japan) training sessions (4 sessions in total) for nurses who provide end-of-life care and palliative care, established as an educational program of the Japanese Society of Palliative Medicine in order to equip nurses with the necessary skills for such care, have been held regularly since 2021 using a remote conference system. Nine certified and specialist nurses from within and outside of Iwate prefecture served as lecturers for the training sessions, and there were 11 participants.

(4) Cancer care training sessions using a remote conference system

(Members: Mai Hosokawa, Nobuyo Oikawa, Yoshihito Endo)

From 2022, training sessions have been held for general nurses as a cancer care awareness project.

Date	Themes and lecturers	Number of participants
September 3	Stories of Cancer Patient's Families Lecturer: Family members of cancer patients	15
November 10	Cancer and female sexuality Lecturer: Wakako Yachi (Faculty of Nursing, Iwate Prefectural University)	5
February 4	Basics of Pain Management Lecturer: Miki Ishii (Isesaki Municipal Hospital)	19
February 5	Learning Nursing Ethics with CNS Lecturers: Yuko Shimizu (Gunma Prefectural College of Health Sciences), Masako Honda (National Hospital Organization Shibukawa Medical Center)	11
February 19	Care of Patients with Breathing Difficulties Lecturer: Riko Kikuchi (Morioka Tsunagi Onsen Hospital)	21



Case study meeting with visiting nurses held at Cancer Consultation Station (Ofunato) (October 2022)